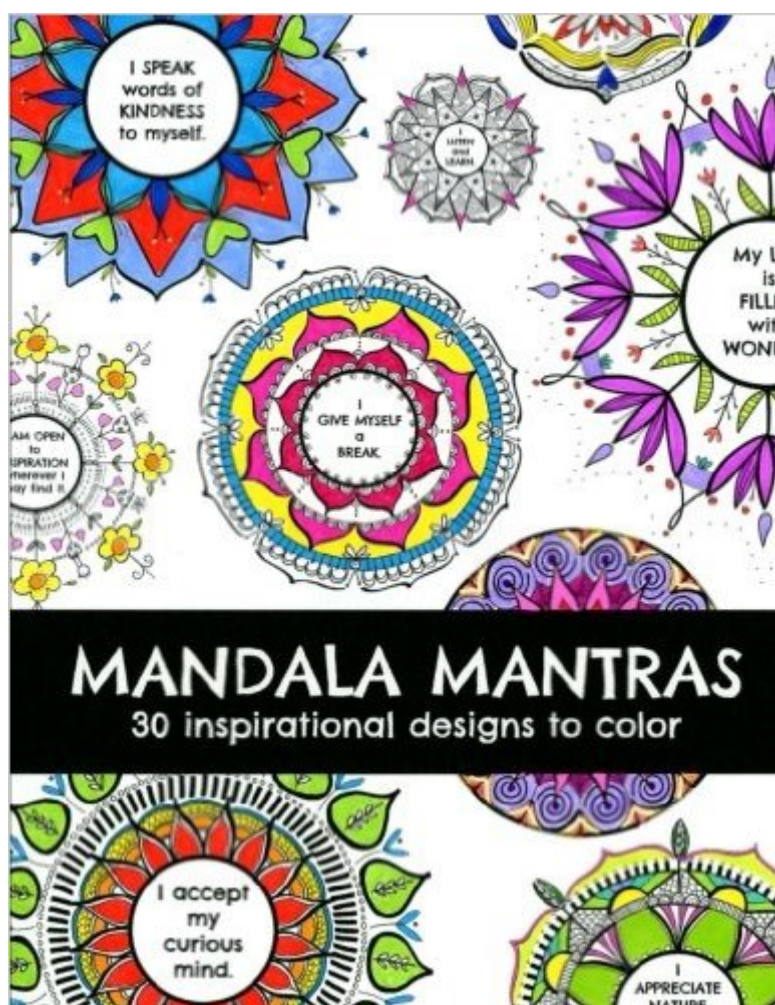


The book was found

Mandala Mantras: Coloring Book



Synopsis

Mandala Mantras is a coloring book created and illustrated by artist, Stephanie Ignazio. This inspirational coloring book features 30 mandala mantras to color. Each page contains an inspirational mantra affirmation to repeat as you color for added stress relief! The mantras are easy to say with phrases like "I am powerful", "My energy is off the charts", "I give myself a break". Each whimsical illustration is on its own page with a blank back. The combination of coloring, inspiring affirmation and repetitive mandala design will surely be fun, relaxing and relieve your stress.

Book Information

Paperback: 62 pages

Publisher: CreateSpace Independent Publishing Platform (September 8, 2016)

Language: English

ISBN-10: 1537077015

ISBN-13: 978-1537077017

Product Dimensions: 8.5 x 0.1 x 11 inches

Shipping Weight: 7.7 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (2 customer reviews)

Best Sellers Rank: #38,858 in Books (See Top 100 in Books) #32 inÂ Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Mandalas & Patterns #46 inÂ Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Religious & Inspirational #60 inÂ Books > Self-Help > Art Therapy & Relaxation

Customer Reviews

Fabulous coloring book from a beautiful soul. With so many coloring books available now this one stands out as a very special offering. These mandalas come from the heart and carry their very special healing energy to the soul. A wonderful way to relax and and spend time in self-reflection and also wonderful to color together with kids. I'm sure I will be gifting many of these to friends and family.

I put together a care package for my niece who is in her first year of college. I foresee a Mandala Mantra coloring night with the new roomie! Or coloring alone to relieve some stress.

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and Find Peace with 100 Mandala Coloring Pages Mandala Coloring Book: 100+ Unique Mandala Designs and Stress Relieving Patterns for Adult Relaxation, Meditation, and Happiness (Magnificent Mandalas) (Volume 1) Mandala Wisdom: An Adult Coloring Book: 50 Stress Relief Mandala Designs Inspired by Nature, 50 quotes of perennial knowledge from humanity's ... Gift For Friends and Family, For All Holidays Adult Coloring Books: Animal Mandala Designs and Stress Relieving Patterns for Anger Release, Adult Relaxation, and Zen (Mandala Animals) (Volume 2) Adult Coloring Books: Animal Mandala Designs and Stress Relieving Patterns for Anger Release, Adult Relaxation, and Zen (Mandala Animals) (Volume 1) The Mandala Guidebook: How to Draw, Paint and Color Expressive Mandala Art Giraffe Coloring Book: An Adult Coloring Book of 40 Zentangle Giraffe Designs with Henna, Paisley and Mandala Style Patterns (Animal Coloring Books for Adults) (Volume 26) Houses Coloring Book: An Adult Coloring Book of 40 Architecture and House Designs with Henna, Paisley and Mandala Style Patterns (Architecture Coloring Books) (Volume 1) Creative Haven Magical Mandalas Coloring Book: By the Illustrator of the Mystical Mandala Coloring Book (Adult Coloring) Panda Coloring Book For Adults: Stress Relief Coloring Book For Grown-ups Including 40 Paisly, Henna and Mandala Panda Bear Coloring Pages Rat Coloring Book: An Adult Coloring Book of 40 Zentangle Rat Designs with Henna, Paisley and Mandala Style Patterns (Animal Coloring Books for Adults) (Volume 22) Rabbit Coloring Book: An Adult Coloring Book of 40 Zentangle Rabbit Designs with Henna, Paisley and Mandala Style Patterns (Animal Coloring Books for Adults) (Volume 21) Wolf Coloring Book: An Adult Coloring Book of 40 Zentangle Wolf Designs with Henna, Paisley and Mandala Style Patterns (Animal Coloring Books for Adults) (Volume 23) Adult Coloring Books: Mindfulness Mandalas: A mandala coloring book for adult relaxation featuring stress relieving coloring pages for adults including henna flowers geometric & animal designs Mindful Mandalas: A Mandala Coloring Book: A Unique & Uplifting Mandalas Adult Coloring Book For Men Women Teens Children & Seniors Featuring ... Relaxation Stress Relief & Art Color Therapy) A Snarky Mandala Coloring Book: Mandalas? Meh.: A Unique Funny Adult Coloring Book For Men & Women Featuring Mindfulness Mandalas & Easy To Complex ... Stress Relief & Art Color Therapy) (Volume 1) A Snarky Mandala Coloring Book: More Mandalas?!? Ugh.: A Unique Funny Adult Coloring Book For Men & Women Featuring Mindfulness Mandalas & Easy To ... Stress Relief & Art Color Therapy) (Volume 2) Master Mandalas: A Mandala Coloring Book: A Unique Mindfulness Workbook & Zen Adult Coloring Book For Men Women Teens Children & Seniors Featuring ... Relaxation Stress Relief & Art Color Therapy) Zombie Mandala Coloring Book: A Calming Adult Activity Book for When You're Feeling a Little...Undead